



Zija's XMpm capsules contain a handcrafted formula with Moringa, Sea Kelp, Ashwagandha and Gynema Sylvestre that helps reduce stress, stabilize your mood, combat evening cravings and prepare your body for restful sleep.

In today's hectic world, stress is on the rise. Our body's natural reaction can lead to overeating, restless nights and myriad of other health problems. XMpm raises the bar on weight management and promotes a lean body by turning off your hunger switch, reducing stress naturally, and helping you wake up refreshed and ready to move forward!

XMpm is a part of Zija's complete Weight Management System, along with XMam, SmartMix, XM+ Mix and Premium Tea.



### Moringa oleifera - Nature's Miracle Tree

#### Vitamins

Vitamin A (Alpha and Beta Carotene), B, B1, B2, B3, B5, B6, B12, C, D, E, K, Folate (Folic Acid), Biotin and many more

#### Minerals

Calcium, Chloride, Chromium, Copper, Fluorine, Iron, Manganese, Magnesium, Molybdenum, Phosphorus, Potassium, Sodium, Selenium, Sulfur, Zinc

#### All 8 Essential Amino Acids

Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine

#### 10 Additional Amino Acids

Alanine, Arginine, Aspartic Acid, Cystine, Glutamine, Glycine, Histidine, Proline, Serine, Tyrosine

#### Other Beneficial Nutrients

Chlorophyll, Carotenoids, Cytokinins, Flavanoids, Omega (3, 6, 9) oils, Plant Sterols, Polyphenols, Lutein, Xanthins, Rutin and more

### Gram for gram, fresh Moringa leaves contain

- 4x the Calcium of Milk
- 4x the Vitamin A of Carrots
- 2x the Protein of Yogurt
- 3x the Potassium of Bananas
- 7x the Vitamin C of Oranges

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.